



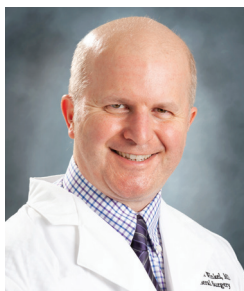
# HealthTalk

**Thursday, October 24**  
**Tryon Depot, 5:30-6:30 p.m.**

**Guest Speaker:**

**Dr. Gerhardt Winkel, St. Luke's Hospital General Surgeon**

*Healthy Refreshments Will Be Served*



October is Breast Cancer Awareness Month. According to the Mayor Clinic, after skin cancer, breast cancer is the most common cancer diagnosed in women in the United States. Breast cancer can occur in both men and women, but it's far more common in women. Dr. Winkel has prepared an excellent presentation. These 45 minutes could save your life.



Learn more about PF3 online at **[PolkFitFreshAndFriendly.org](http://PolkFitFreshAndFriendly.org)**